

IT'S WORK. BUT BETTER.

THE WORK HAPPY PROJECT





OUR MISSION

You've built something special. Now you're growing fast, and it's getting messy. Great people are exhausted. New managers are winging it. The culture that made you successful feels fragile.

We help leadership teams grow sustainably - preserving what matters about your culture while building the management capability you need for the next stage.

Our vision is to make the world of work a happier place. We're helping leaders transform workplace cultures to feel collectively happier. It's work but better.





GROWING PAINS

Evolve your leadership. Protect your magic.

As you grow, everything changes.

Key leaders can't be everywhere anymore.

Technical experts become managers overnight.

New hires don't absorb the culture like they used to.

Move-fast cultures collide with the need for structure.

Critical employees hit burnout just when you need them most.

OUR APPROACH

We help you navigate the complexities of growth by taking a systemic ("we"), relational ("us") and behavioural ("me") coaching psychology approach. Building resilience to change, collective well-being and emotional intelligence.

The organisation

"we"

Exploring behaviours, values, priorities and alignment gaps.

The team

"us"

Team coaching sessions - enhancing team effectiveness.

The human

"me"

121 coaching to enhance individual performance and well-being.





THE WORK HAPPY PROJECT

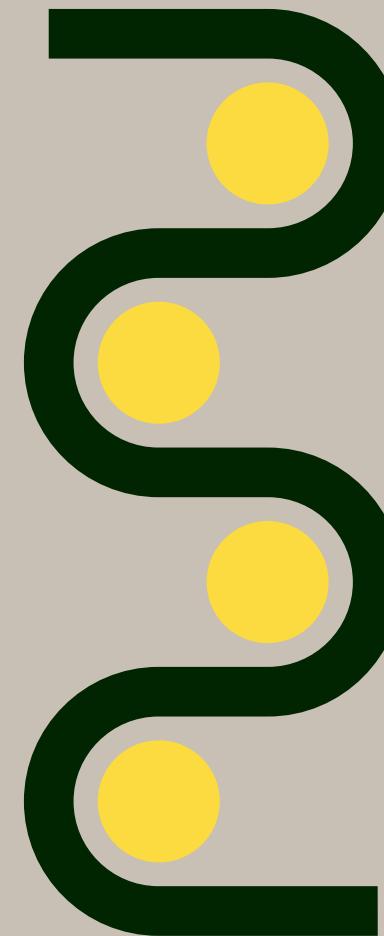
The Work Happy Project provides coaching for teams or organisations who want to grow without burning out their people.

CONSULTING STREAM

Throughout the project we will help you understand what's actually happening to your culture and people as you scale - and design coaching interventions that preserve what matters while future-proofing how you lead.

COACHING PROGRAMMES STREAM

For your Leadership Team: "Leading Through Growth" - 6 months.
For your managers: "Foundations of leadership through our Engage Enable and Empower initiative" - 3 months.



ONE TO ONE COACHING STREAM

For High Potential individuals to help develop them for bigger roles
For at-risk individuals where they need support to reduce risk of burn out.
Or for anyone who feels they need that extra bit of support to feel good at work.

EVERYONE STREAM

We know that coaching at the top does not always ripple through to the rest of the team so we have created an app for everyone. They step through a three-week coaching programme covering five key pillars of work happiness.





THE WORK

CONSULTING

Team assessments | Burnout risk analysis | HR data insight

COACHING PROGRAMMES

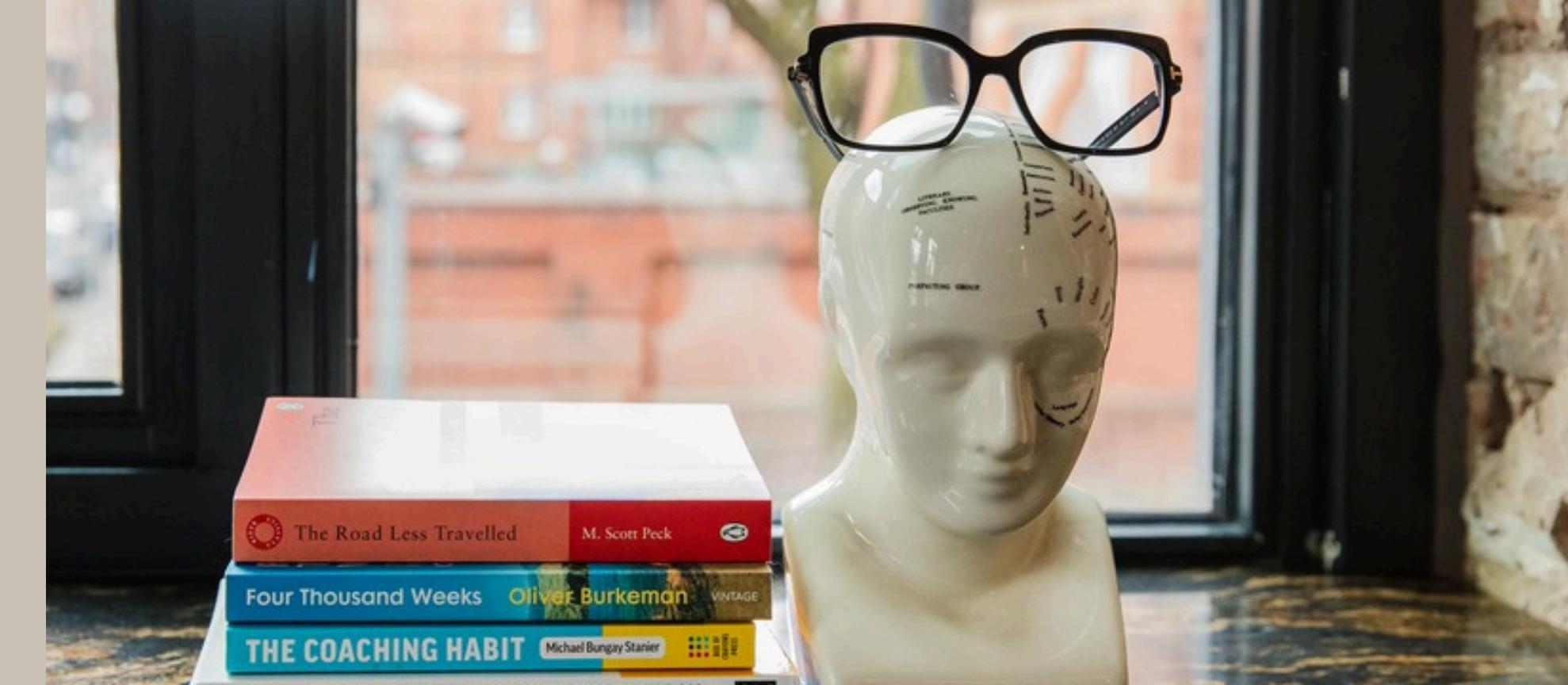
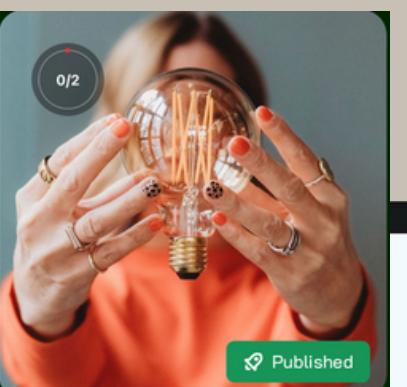
Examples include Technical Expert to Leader | Thriving Through Change | Real Feedback | Boss to Coach | Leadership Resilience | Team Collaboration

ONE TO ONE COACHING

Personalised Coaching | Tools and Templates | Action-focussed

EVERYONE

HEY. coaching app for everybody



THE IMPACT

A collectively happier workplace with enhanced performance and resilience.

Why? Stronger leadership. Cross-function collaboration. Increased creativity & innovation. Positive collective energy.

- Stronger leadership and resilience
- Better collaboration and innovation
- Clear metrics and ROI
- Practical tools for ongoing development





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KATHERINE TIDDY

Katherine has spent 20 years in leadership, building and scaling teams, steering through tough markets, and keeping top talent engaged. She knows the challenges your leaders face because she's lived them.

She supports leaders to lead happy, high-performing teams without burning out!

She is a NeuroLeadership coach with a master's in Positive Psychology & Coaching Psychology. She helps leaders build resilience to change, create stronger, empowered teams, and develop senior leadership confidence - creating lasting impact in your organisation.

HEY
YOU

LINDSAY HALL

Lindsay has spent her career in tech transformation, project management and consultancy, working for Accenture and KPMG before building a freelance portfolio career alongside her leadership coaching business. She knows first-hand that working life is rarely straightforward, and that's where her natural synergy between consulting and coaching comes to life.

Her practical, grounded approach draws on real-world corporate experience, with a natural affinity for detail, action and accountability. Lindsay's coaching recognises the realities leaders face while helping them move forward with clarity and purpose.



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LET'S CHAT

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